



**Meals in a Jar by Sweet and Light**

**Contact Information:**

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**We are happy to make custom orders upon request.  
Please contact us for more information and pricing.**

**October 2024 Price List**

**Baked Beans: 450 ml: \$4.75**

**Beef Stew: 450 ml: \$5.00**

**Beef Stew: 750 ml: \$7.25**

**Beef Vegetable Stew: 450 ml: \$5.00**

**Beef Vegetable Stew: 750 ml: \$7.25**

**Chicken Broth: 450 ml: \$4.00**

**Chicken Broth: 750 ml: \$4.50**

**Chicken Vegetable Soup: 450 ml: \$4.25**

**Chicken Vegetable Soup: 750 ml: \$5.75**

**Beef Jerky (pepper) 30 grams - \$3.75**

**Beef Jerky (pepper) 60 grams - \$6.25**

**Chili with Meat – No Beans: 450 ml: \$5.25**

**Chili with Meat – No Beans: 750 ml: \$7.25**

**Chili with Beans – No Meat: 500 ml: \$4.25**

**Chili with Beans – No Meat: 750 ml: \$6.25**

**Chili with Beans and Meat: 450 ml: \$4.75**

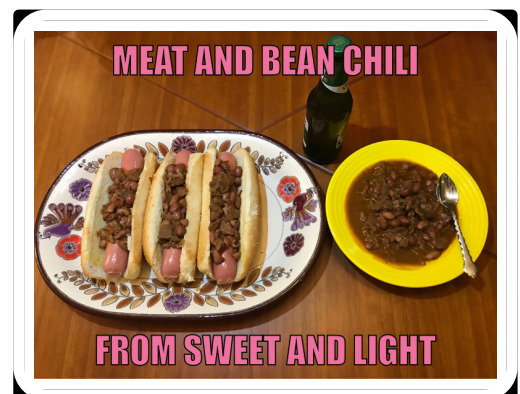
**Chili with Beans and Meat: 750 ml: \$6.75**

**Lentil Soup: 450 ml: \$4.25**

**Lentil Soup: 750 ml: \$5.75**

**Coffee Liqueur: 750 ml: \$18 (Made with real espresso – not just coffee crystals)**

**Coffee: Gourmet organic dark roast – ground – 500 grams / 1 pound: \$6.75**



**Available at CosasPrep, Simón Bolívar 13-49 y Estévez de Toral, Cuenca, Ecuador.  
Hours: Monday ~ Friday 10am to 5:30pm; Saturday ~ Sunday Closed.**